

Competition	<b>7<sup>th</sup> FINA Junior World Swimming Championships Budapest, Hungary August 20-25, 2019</b>
SSA Qualifying Period	January 1 2019 – June 30 <sup>th</sup> 2019
Initial Release Date	Amended version (22 April 2019)

Selection Events	<ul style="list-style-type: none"> <li>• 50<sup>th</sup> Singapore National Age Group Swimming Championships 2019</li> <li>• 15<sup>th</sup> Singapore National Swimming Championships 2019 (For open spaces available after SNAG 2019 and potential relay selection)</li> <li>• Overseas Based Athletes not returning for 50<sup>th</sup> SNAG can select one qualifying meet between January 1 2019 – 30 April 2019.</li> <li>• Overseas Based Athletes not returning for the 15<sup>th</sup> SNAG can select one qualifying meet during the month of June 2019.</li> <li>• Both Overseas Based Athletes selected meets must comply with FINA standards for 2019 World Swimming Championship qualifying events. Submission of these meets must be received at Singapore Swimming Association (SSA) by 1700hrs September 30, 2018. <ul style="list-style-type: none"> <li>○ Nomination of one Overseas meet is to be sent to <a href="mailto:sonya.porter@swimming.org.sg">sonya.porter@swimming.org.sg</a></li> <li>○ The overseas based athlete is responsible to seek clarification from the host country that the meet is a FINA qualifying event</li> <li>○ Any times submitted that are not from a FINA qualifying event will NOT be accepted.</li> <li>○ Official times must be sent directly to SSA within two days of the meet conclusion.</li> <li>○ Send times to <a href="mailto:Jessica.Chua@Swimming.org.sg">Jessica.Chua@Swimming.org.sg</a></li> </ul> </li> </ul>
Age Eligibility	Boys – 15-18 years on 31 December 2017 (born 2004, 2003, 2002, 2001) Girls – 14-17 years on 31 December 2017 (born 2005, 2004, 2003, 2002)
Priority of 2019 Summer Meet Selection	Priority 1: FINA World Championships 2019 Priority 2: FINA Junior World Championships 2019 Priority 3: FINA World Cup Circuit 1 <ul style="list-style-type: none"> <li>• Any Junior swimmer selected to FINA World Championships is eligible for selection to FINA Junior World Championships (Age Dependant), but if school schedule only permits travel to one of the meets, selection will be determined by SSA National Head Coach and Performance Director based on performance outcomes for Team Singapore.</li> </ul>
General Eligibility	To be considered for selection, a swimmer must meet all of the following eligibility criteria and maintain through the Championships: <ul style="list-style-type: none"> <li>• Be a Singapore citizen, eligible to represent Singapore.</li> <li>• Be a registered member of SSA in good standing.</li> <li>• Have a signed current SSA Athlete Agreement.</li> <li>• Met performance standards as designated by SSA</li> <li>• Times must be achieved in an individual event; relay lead-off times, intermediate splits or swim-off results will not be considered for</li> </ul>

	<p>individual selection purposes. Relay lead-off times may be considered for relay only selection purposes only.</p> <ul style="list-style-type: none"> <li>• Have competed in the 50th SNAG Championships and the 15<sup>th</sup> SNSC or designated accredited meets if based overseas (15<sup>th</sup> SNSC or an equivalent International FINA Qualifying Meet during the month of June 2019, is the only additional meet that swimmers can attain selection after 50<sup>th</sup> SNAG – see below – but if living and training overseas an equitable in season competitive meet to the 15<sup>th</sup> SNSC is required), unless granted an exemption under the provisions of the criteria by the SSA Selectors: <ul style="list-style-type: none"> <li>○ This exemption will only be granted due to extenuating circumstances.</li> <li>○ On request of SSA, evidence shall be provided of the extenuating circumstances, prior to the exemption being considered.</li> </ul> </li> <li>• Extenuating circumstances can include but is not limited to: <ol style="list-style-type: none"> <li>1. Injury or Illness</li> <li>2. Equipment Failure</li> <li>3. Travel Delays</li> <li>4. Bereavement</li> </ol> </li> <li>• Continues to train for peak swimming performance. Athletes not on par toward peak performance can be removed from the team. <ol style="list-style-type: none"> <li>a. All athletes selected along with their coaches will be required to submit individual athlete training and performance plans (IATPP) that include expected outcomes leading into the 2019 FINA Junior World Championships.</li> <li>b. All athletes are subject to fitness and testing protocols by SSA HPT as deemed appropriate to determine fulfilment of full time training commitment specified by the IATPP.</li> <li>c. Injuries or Illness that significantly interfere with full time training loads must be followed up with SSI Team Doctors to determine capacity to travel and compete in the qualified event.</li> </ol> </li> <li>• Be available to fulfil the Team Commitments as listed below and any additional commitments following selection.</li> <li>• Not used or administered any substance which, if it had been detected as being present in the athlete’s body tissue or fluids, would have constituted doping, or used any prohibited method or committed any other doping offence as defined in ADS’s, WADA or FINA’s Anti-Doping By-law.</li> </ul>
Team Commitments	<p>All swimmers and officials must:</p> <ul style="list-style-type: none"> <li>• Comply with the provisions of the SSA Athletes Agreement at all times.</li> <li>• Conform to SSA requirements regarding team participation. This includes, but may not be limited to, providing an acceptable training plan, attendance at a pre-event camp and wearing team uniform as required.</li> <li>• Make themselves available for all team activities designated by SSA.</li> <li>• Not act in such a manner as to bring the athlete or SSA into public disrepute.</li> </ul>

	<ul style="list-style-type: none"> <li>All swimmers and officials are required to appear at events and platforms whereby their images and presence are needed to achieve SSA's objectives.</li> </ul>
Performance Requirements	<p>To be considered for selection for individual events for the 2019 7<sup>th</sup> FINA Junior Swimming World Championships, swimmers are required to:</p> <p><b>Priority One</b></p> <ul style="list-style-type: none"> <li>Achieve an A Time Standard as shown below in Table 1. at 50<sup>th</sup> SNAG or equivalent overseas designated selection meet.</li> <li>The Automatic Qualifying time is set by SSA for this championship.</li> <li>The fastest two swimmers with an A Time Standards will be selected to the meet.</li> <li>Should more than two swimmers achieve the same qualifying A time at the 50<sup>th</sup> SNAG or an overseas based swimmer's equivalent selection event then the following swimmer will be selected: <ul style="list-style-type: none"> <li>For local and Internationally based swimmers' tie: <ul style="list-style-type: none"> <li>Second fastest time at one of the qualifying meets (and subsequent times should there continue to be a tie) in that event during the Selection Event will be used to determine which swimmer is selected.</li> </ul> </li> <li>For local swimmers only in a tie selection will be based by as follows: <ul style="list-style-type: none"> <li>Priority 1: A Final</li> <li>Priority 2: B Final</li> <li>Priority 3: C Final</li> <li>Priority 4: D Final</li> <li>Priority 5: Prelims</li> </ul> </li> </ul> </li> <li>Should more swimmers achieve the qualifying A-Standard than team places available, all swimmers will be ranked according to their best FINA World Ranking (using Sept 1 2017-August 31 2018 as the standard)</li> <li>Relay splits will not be considered for selection for individual events.</li> </ul> <p><b>Priority Two (For Events without individual qualifiers after 2019 SNAG)</b></p> <ul style="list-style-type: none"> <li>Achieve an A Time Standard as shown below in Table 1. at the 15<sup>th</sup> SNSC or equivalent overseas designated selection meet.</li> <li>The fastest swimmers with an A Time Standards will be selected to fill open spaces up to the maximum of 2 swimmers per event.</li> </ul> <p>The same selection process from Priority One 50<sup>th</sup> SNAG applies to the Priority Two 15<sup>th</sup> SNSC when two or more swimmers achieve the same time at 15<sup>th</sup> SNSC to fill open spaces. (See above)</p> <p><b>Priority 3 (For Events without Individual Qualifiers after SNAG/SNSC 2019)</b></p> <ul style="list-style-type: none"> <li>Boys born 2003/2004, Girls born 2004/2005 achieve the appropriate age dependant time criteria at the SNAG 2019 Championships.</li> <li>The fastest swimmers meeting this time-criteria will be selected to fill open spaces up to the maximum of 2 swimmers per event.</li> <li>No overseas selection meets will be considered for this priority level.</li> </ul>

	<p><u>Nomination for Other Events:</u></p> <ul style="list-style-type: none"> <li>At the sole discretion of the National Head Coach and Performance Director, swimmers who qualify for the 2019 7<sup>th</sup> FINA Junior Swimming World Championships on the above criteria may request to swim additional events (including events in which they have achieved the qualifying criteria in FINA Meets not listed above) if there is an available position. Decisions about additional events will be finalized by SSA in consultation with the selected National Head Coach and Performance Director.</li> </ul> <p><u>Criteria for Selection to Relay Events:</u></p> <p>All swimmers achieving individual selection to the 7<sup>th</sup> FINA Junior World Championships are eligible for relay positions.</p> <p>Based on team places available after individual selection relay only swimmers will be selected by the following priority:</p> <ul style="list-style-type: none"> <li>Best relay add-up times will be ranked based on fastest percentage from qualifying A Time Standard to determine most competitive relays. Relays will be filled by ranking until all team places are filled.</li> <li>Performance rankings in the individual event of the same stroke and distance will be used to determine relay only selections, provided the add-up time equals or betters the Relay A time Standard shown in table 1.</li> <li>For the 4 x 100m Freestyle and 4 x 200m Freestyle Relays, top 4 x 100m and 200m Freestyle swimmers will be selected. For the 4 x 100m Medley Relay each position will be filled with the best individual stroke performance.</li> <li>An alternate 100m and 200m freestyler will be selected should the maximum team size not yet be filled and the add up time, less the fastest swimmer, adds up to the Relay A-Time Standard as per Table 1.</li> <li>The final decision of the composition of the relays will be made by the National Team Head Coach and Performance Director.</li> </ul>
Team Size	<ul style="list-style-type: none"> <li>SSA intends to send up to 30 swimmers a maximum of 2 representatives per each individual event, up to 15 swimmers per gender. First priority to 15 male and 15 female swimmers, however there will be no restriction to gender should spaces remain available after selection is exhausted and there are remaining qualifiers of the opposite gender.</li> <li>The fastest 2 qualifying swimmers of each individual event determined by the above selection criteria priorities, within the qualifying window will, by default, be automatically nominated to represent Singapore at the 2019 7<sup>th</sup> FINA Junior Swimming World Championships. If one of the 2 fastest swimmers choose not to swim in a particular individual event, the slot will go to the 3<sup>rd</sup> fastest qualifying swimmer in the event and so on.</li> <li>Should more swimmers achieve the A-standards per priority than places available (30) across all events, athletes within each priority will be ranked by highest World Ranking (Sept 1 2017 – Aug 31 2018) and selected in chronological order until places are filled, with a maximum of two swimmers only per event. Priority will remain as 15 males and</li> </ul>

	<p>15 females unless one gender does not have sufficient qualifiers to fulfil the max quota.</p> <ul style="list-style-type: none"> <li>SSA shall not be obligated to take a full team of two athletes per event should a qualifying athlete not be available for selection.</li> </ul>
<p>Intention to Compete</p>	<p><b>June 30 2019 is the deadline to accept nomination to participate.</b></p> <ul style="list-style-type: none"> <li>A tentative roster will be declared and posted to the SSA website after the conclusion of the 50<sup>th</sup> SNAG Championships, pending outcome of April 30<sup>th</sup> final submission of entry times for overseas meet qualification.</li> <li>Individual Selection at the 15<sup>th</sup> SNSC will be for events that have spaces remaining after 50<sup>th</sup> SNAG only.</li> <li>Final relay only selections will be made after the 15<sup>th</sup> SNSC.</li> <li>All qualifying swimmers will be notified via club and by person on June 26<sup>th</sup> on their selection to the 2019 7<sup>th</sup> FINA Junior World Swimming Championship Team and have until June 30 to declare intention to participate.</li> <li>Intention to Participate will require submission of the signed Athletes Agreement that will be attached to the notification sent by email.</li> <li>Athletes agreement must be emailed to <a href="mailto:Jessica.Chua@swimming.org.sg">Jessica.Chua@swimming.org.sg</a> by 7pm 30<sup>th</sup> June, 2019.</li> <li>IATPP must be submitted by June 30<sup>th</sup>, 2019 with intent to participate and signed Athlete Agreement.</li> </ul>
<p>Coaches Selection</p>	<p>The National Head Coach and Performance Director will assume the role of National Team Director and The National Youth Head Coach will assume the role of the Head Coach for the 2019 7<sup>th</sup> FINA Junior Swimming World Championships.</p> <p>The number of coaches selected will depend on the number of swimmers selected to the meet with a maximum ratio of 1:4 (1 coach x every 4 swimmers).</p> <p>Coaches placing swimmers on the team that have achieved individual A Time Standard will be selected in accordance to the following priority.</p> <ul style="list-style-type: none"> <li><b>Priority 1</b> goes to coaches with swimmers that have times that would have qualified for the final at the 2017 FINA Junior World Championships. <ul style="list-style-type: none"> <li>Coaches will be ranked according to their swimmer's highest individual event FINA World Ranking (Sept 1 2017-Aug 31 2018)</li> </ul> </li> <li><b>Priority 2</b> goes to coaches with more individually qualified swimmers. <ul style="list-style-type: none"> <li>Coaches will be ranked: <ol style="list-style-type: none"> <li>By the total number of swimmers placed on the team.</li> <li>According to their swimmer's highest individual event FINA World Ranking (Sept 1 2017-Aug 31 2018)</li> </ol> </li> </ul> </li> <li><b>Priority 3:</b> If there are more coaches placing swimmers on the team than the ratio of coaches permits (1 to 4), then a coach priority list will be determined via swimmer's best individual event FINA World Ranking (Sept 1 2017 – August 31 2018).</li> </ul> <p>The nominated coach of an athlete must be the coach of record for at least 3 months prior to the athlete's selection to and be the coach of record leading into the 2019 FINA Junior Swimming World Championships.</p>

Notes	<p>FINA is the international governing body for 2019 Junior Swimming World Championships. Selection criteria is set by SSA for this meet.</p> <p>The selection committee will consist of the following</p> <ul style="list-style-type: none"><li>• Joscelin Yeo</li><li>• Kelvin Yew</li><li>• Stephan Widmer</li><li>• Sonya Porter</li><li>• Gary Tan</li></ul> <p>The appeals committee will consist of the following</p> <ul style="list-style-type: none"><li>• Lee Kok Choy</li><li>• Bervyn Lee</li><li>• Ho Mun Wai</li></ul>
Approved Date	12 July 2018 (amended version April 22, 2019)

## Automatic Qualifying Times

**Table 1**

(7<sup>th</sup> FINA Junior World Qualifying Times calculated from SSA World Championships B Cut +1%)

(Boys Relay Qualifying Times calculated from average 9<sup>th</sup> Place time at 2015 and 2017 WJC)

(Girls Relay Qualifying Times calculated 10<sup>th</sup> place time 2015 WJC)

(2005 Girls / 2004 Boys cut calculated at 1.5% from SSA JWC Cut)\*\*

(2004 Girls / 2003 Boys cut calculated at 1% from SSA JWC Cut)\*\*

\*\*Times for this criteria only accepted from SSA SNAG Championships March 2019 and selections made if places available after Priority One and Priority Two are completed as per Performance Requirements above.



### 2019 FINA Junior Swimming World Championships Budapest (HUN) SSA Qualifying Times

WOMEN					Event	MEN				
2004/2005 YOB		SSA Worlds Cuts		SSA JWC Cuts		SSA JWC Cuts	SSA Worlds Cuts		2003/2004 YOB	
2004 YOB	2005 YOB	A-Cut 2 Entries	B-Cut 1 Entry	A-Cut 2 Entries		A-Cut 2 Entries	A-Cut 2 Entries	B-Cut 1 Entry	2003 YOB	2004 YOB
0:26.02	0:26.15	0:25.04	0:25.51	0:25.77	50m Freestyle	0:22.90	0:22.18	0:22.67	0:23.13	0:23.24
0:57.14	0:57.42	0:54.49	0:56.01	0:56.57	100m Freestyle	0:50.53	0:48.80	0:50.03	0:51.04	0:51.29
2:03.23	2:03.84	1:58.66	2:00.80	2:02.01	200m Freestyle	1:51.33	1:47.40	1:50.23	1:52.45	1:53.00
4:20.47	4:21.76	4:10.57	4:15.34	4:17.89	400m Freestyle	3:55.92	3:48.15	3:53.58	3:58.27	3:59.45
8:59.39	9:02.06	8:38.56	8:48.76	8:54.05	800m Freestyle	8:13.43	7:54.31	8:08.54	8:18.36	8:20.83
17:22.34	17:27.50	16:32.04	17:01.80	17:12.02	1500m Freestyle	15:37.30	15:07.38	15:28.02	15:46.67	15:51.36
		0:28.22	0:28.75	0:29.04	50m Backstroke	0:25.98	0:25.17	0:25.73		
1:03.31	1:03.62	1:00.59	1:02.06	1:02.68	100m Backstroke	0:56.02	0:54.06	0:55.47	0:56.58	0:56.87
2:17.00	2:17.68	2:11.53	2:14.30	2:15.64	200m Backstroke	2:02.24	1:58.34	2:01.03	2:03.46	2:04.07
		0:31.22	0:31.81	0:32.12	50m Breaststroke	0:28.28	0:27.39	0:28.00		
1:10.47	1:10.82	1:07.43	1:09.08	1:09.77	100m Breaststroke	1:02.35	0:59.95	1:01.73	1:02.97	1:03.28
2:32.90	2:33.66	2:25.91	2:29.89	2:31.39	200m Breaststroke	2:15.60	2:11.00	2:14.26	2:16.96	2:17.64
		0:26.34	0:26.83	0:27.10	50m Butterfly	0:24.42	0:23.66	0:24.18		
1:00.86	1:01.16	0:58.48	0:59.66	1:00.26	100m Butterfly	0:54.06	0:51.96	0:53.52	0:54.60	0:54.87
2:14.94	2:15.61	2:09.21	2:12.28	2:13.60	200m Butterfly	2:01.17	1:56.71	1:59.97	2:02.38	2:02.99
2:19.28	2:19.97	2:13.03	2:16.54	2:17.91	200m IM	2:04.49	2:00.22	2:03.26	2:05.74	2:06.36
4:52.66	4:54.11	4:43.06	4:46.89	4:49.76	400m IM	4:24.07	4:17.90	4:21.46	4:26.72	4:28.04

  

SSA Relay Qualification Times				
A-Cut WC	A-Cut WJC		A-Cut WJC	A-Cut WC
3:44.06	3:59.67	4x100m FR	3:26.88	3:18.13
8:06.67	8:18.86	4x200m FR	7:32.08	7:17.99
4:12.04	4:17.56	4x100m Medley	3:45.56	3:36.61