KARNATAKA SWIMMING ASSOCIATION (R)
AFFILIATED TO: SWIMMING FEDERATION OF INDIA, KARNATAKA OLYMPIC ASSOCIATION
& SPORTS AUTHORITY OF KARNATAKA
Sri Kanteerava Stadium Complex, Kasturba Road, Bangalore - 560 001
E-mail: kannatakasinghing@gmail.com, Web: www.karnatakasinghing.org

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Neelakanta Rao R. Jagdale
Phone: 080 - 2667 3817

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Mob: 98809 75000

Vice Presidents :
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Mob: 98454 79780
S.R. Sindia
Mob: 98801 35178
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Mob: 99720 902047

Hon. Treasurer:
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Mob: 94490 50611

Joint Secretaries:
M.P. Nabhiraj
Mob: 94486 01327
Ramya Balakrishna
Mob: 99453 80601

Ref: SERDF/ASCA/02/2017-18 Date: 13.12.2017

To,

Sub: ASCA Level I and Level II Certification Course.

We are pleased to inform you that Swimming Education Research & Development Foundation will be conducting the above courses under the auspices of Swimming Federation of India & Karnataka Swimming Association from 13th to 17th February 2018 at Basavanagudi Swimming Pool, Pampamahakavi Road, Basavanagudi, Bangalore -560004.

Level I course will be held on 13th and 14th Feb 2018 and Level II will be conducted from 15th to 17th Feb 2018.

The Course Fees is as follows:

Level I – Rs. 6000/- (without lodging), Rs. 7000/- (with lodging)
Level II – Rs. 7000/- (without lodging), Rs. 8500/- (with lodging)

The above course fee includes Course material, Classroom arrangements, Lunch and Refreshments, faculty fees and ASCA Registration for 3 years.

Course fees to be sent by DD in favour of SWIMMING EDUCATION RESEARCH & DEVELOPMENT FOUNDATION, payable at Bangalore along with your registration.

You are requested to bring your swimming costumes and towels for the pool sessions on stroke techniques during the course.

The last date of registration for the course is on 06th Feb 2018.

Prerequisites to take up ASCA Course:

a) Coaches who are attending the course should know swimming properly and shall have basic knowledge of all the strokes.

b) They should have served in any swimming club as swim instructors or lifeguards.

c) These courses are meant to update the knowledge of participants.

d) For Level II Course Coaches should have at least six months experience in coaching for competitive swimming.

We request you to kindly send all your coaches from your club/centre/association/institution to take up the course and get the benefit of the latest knowledge from ASCA.

Thanking you,

Yours faithfully,
For Karnataka Swimming Association
(T.D. Vijayaraghavan)
Vice President
Ref: SERDF/ASCA/02/2017-18


Sub: ASCA Level III Certification Course.

We are pleased to inform you that ASCA level III course will be conducting at Bangalore from 15th February to 21st February 2018 under the auspices of Swimming Federation of India & in association with Search Foundation.

This is an advanced course covering Physiology, Training methods for Juniors & Senior swimmers and Leadership which will be very useful for all coaches. This course will be conducted by Mr. Duffy Dillon International Director ASCA, USA who has rich experience in conducting such courses all over the world.

The course fees will be Rs 25,000/- without Accommodation & Rs 28,000/- with Accommodation (shared). The course fees includes faculty fees, course material, class room arrangements, lunch, refreshments & ASCA Registration for 3 years and other expenses.

In order to get Level III Certification from ASCA the participant coaches should have produced at least one swimmer at National meets or National School games or National games or zonal meets as per the time standards given by ASCA (see enclosure)

However you can attend the course and complete Level III exam and as and when you produce swimmers to meet the time standards of ASCA, you will get the certificate from them.

The above is mandatory for coaches to get Level III certificate.

As the number of seats are limited you are requested to advise your coaches to send the Registration fees at the earliest as the registration is based on "FIRST COME FIRST SERVED" basis. It is also a great opportunity to all the coaches to interact with the expert and learn more. Registration will be opened from 15th December 2017 to 10th February 2018.

We advise your coaches not to wait till the last date of the Registration as it was experienced in the last course that many coaches could not be accommodated because of not registering their name in advance.

The course fees mentioned as above to be sent by D.D. in favour of Swimming Education Research & Development Foundation payable at Bangalore.

The venue of the course will be intimated to you shortly.

Thanking You,
Yours faithfully

For Karnataka Swimming Association

T.D.VIJAYARAGHAVAN
(Vice President)

D.D. to be sent to the following address:
Swimming Education Research & Development Foundation
(N.R. Jagdale Group)
#41/1, 72nd Cross,
6th Block, Rajajinagar,
Bangalore -56010.INDIA
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