



RASHTRIYA LIFE SAVING SOCIETY (INDIA)

NATIONAL HEADQUARTERS, PUNE

B4/101, Lunkad Daffodils, Viman Nagar, Pune. Pin: 411014 Tel. no.: 020 65600575

AGE GROUPS FOR POOL EVENTS: As on date of event	U- 12	BOYS & GIRLS
	U-14	BOYS & GIRLS
	U-16	BOYS & GIRLS
	OPEN	BOYS & GIRLS

Pool Events

Code	Events	Age Groups	Gender
P1	50 mtrs Manikin carry (half fill)	U -12, 14	BOYS/GIRLS
P2	50 mtrs Manikin carry	U -16, open	BOYS/GIRLS
P3	100 mtrs Manikin carry with fins (half fill)	U -12,14	BOYS/GIRLS
P5	100 mtrs Manikin carry with fins	U -16, open	BOYS/GIRLS
P6	100 mtrs Rescue medley	U -16, open	BOYS/GIRLS
P7	50 mtrs. Manikin tow with fins	U -12,14	BOYS/GIRLS
P8	100 mtrs. Manikin tow with fins	U -16, open	BOYS/GIRLS
P9	50 mtrs, Obstacle swim	U -12	BOYS/GIRLS
P10	100 mtrs Obstacle swim	U -14	BOYS/GIRLS
P11	200 mtrs Obstacle swim	U -16, open	BOYS/GIRLS
P12	200 mtrs Super lifesaver	U -12,14,16, open	BOYS/GIRLS
P13	10 mtrs. Line Throw	U -12,14	BOYS/GIRLS
P14	12 mtrs. Line Throw	U -16, open	BOYS/GIRLS
P15	4x25 Manikin carry relay	U -12,14,16, open	BOYS/GIRLS
P16	4x50 Obstacle relay	U -12,14,16, open	BOYS/GIRLS
P17	4x50 Medley relay	U -12,14,16, open	BOYS/GIRLS
P18	SERC	Open	Mix
P19	CPR competition	Open	Mix

Beach Events

B1	Surf Race	B5	Board Rescue
B2	1 km Beach Run	B6	Taplin Relay
B3	Beach Sprint	B7	Rescue Tube Rescue
B4	Beach Flags	B8	Rescue Board Race
B9	Run Swim Run		

METHOD OF REGISTRATION

1. Attach one photograph with your name written behind & copy of Birth Certificate (Not for Open group).
2. *You must also carry the original L/saving or L/Guard Certificate & original Birth Certificate with yourself.
3. Entry fees is Rs. 1,600/- per participants. Entries must reach before 18th May'16.
4. Online: www.swimindia.in OR Enclose a D.D. for Entry Fees drawn in favour of "Rashtriya Life Saving Society- Rescue India 2016". To be sent to: Karn Ragade, Lifesaving Sports Coordinator, B/4 101, Lunkad Daffodils, Viman Nagar, Pune – 411014. OR Direct Online Payment can be done to "Rashtriya Life Saving Society- Rescue India 2016", 26/4 Matchwel Factory Road, Ramwadi, Pune 411014, RTGS/NEFT IFS Code- CSBK0000282 , Account Number 028203669059190001
5. Registration once made cannot be cancelled. Entry Fees are non-refundable.
6. Team Managers/Coaches are also to fill up attached Individual Entry Form with photograph.
7. Individual & Consolidated entries must be sent through Courier or Speed Post ONLY.
8. All participants must bring their own personal gear & equipment like costumes, cap, fins, goggles etc.
9. Please note that the accommodation is for Participants/ Officials/ Team Managers & Coaches ONLY.